



HIV VIRAL LOAD MONITORING FOR PREGNANT AND BREASTFEEDING WOMEN
ALL HIV POSITIVE PREGNANT AND BREASTFEEDING WOMEN SHOULD BE ON ART !

WOMEN **STARTING ANTIRETROVIRAL THERAPY
DURING PREGNANCY AND BREASTFEEDING**

CHECK VIRAL LOAD (VL) 3 MONTHS AFTER STARTING ART

WOMEN **ALREADY ON ANTIRETROVIRAL THERAPY
BEFORE CURRENT PREGNANCY**

**CHECK FOR MOST RECENT VIRAL LOAD (VL) TEST RESULTS
IF TEST WAS DONE MORE THAN 3 MONTHS AGO, TAKE BLOOD FOR VL**

REVIEW VIRAL LOAD RESULTS AS SOON AS POSSIBLE AND MANAGE ACCORDINGLY

VL <40 copies/ml

Explain result to client
Reinforce good adherence
Check VL every 3 months until delivery
Check VL 6 weeks after delivery
Then check VL every 3 months until end of breastfeeding

VL 40-1000 copies/ml

Explain result to client
Provide intensive adherence counseling
Check VL every 3 months until delivery
Check VL 6 weeks after delivery
Then check every 3 months until end of breastfeeding

VL >1000 copies/ml

Explain result to client
Provide intensive adherence counseling
Repeat VL in 6 weeks
If VL >1000 copies/ml **IMMEDIATELY** consult HIV clinical mentor or HIV specialist
If VL <1000 copies/ml then check VL every 3 months until delivery
Check VL 6 weeks after delivery
And then check every 3 months until end of breastfeeding

